



Week 7- How to Come to Grips with the Real You: Part 1

Three questions we all ask ourselves:

1. _____ am I? (*Identity*)
2. _____ do I belong? (*Security*)
3. _____ am I supposed to do? (*Significance*)



HR12 is an all church sermon/study series for Heartland Church, Lexington, OH. It is based on the teaching series True Spirituality by Chip Ingram and Living on the Edge. It is used with encouragement and written permission from LOTE ministries.

Why is it so hard to answer these questions?

⁸They heard the sound of the LORD God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the LORD God among the trees of the garden.

⁹Then the LORD God called to the man, and said to him, "Where are you?"

¹⁰He said, "I heard the sound of You in the garden, and I was afraid because I was naked; so I hid myself."

¹¹And He said, "Who told you that you were naked? Have you eaten from the tree of which I commanded you not to eat?"

¹²The man said, "The woman whom You gave to be with me, she gave me from the tree, and I ate."

¹³Then the LORD God said to the woman, "What is this you have done?" And the woman said, "The serpent deceived me, and I ate."

Genesis 3:8-13 (NASB)

Three obstacles to getting right answers:

1. Fear rooted in _____.
2. Hiding rooted in _____.
3. Blaming rooted in _____.

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Talk It Over:

What messages did you hear from your parents that shaped your view of yourself?

Which of these three questions do you struggle with the most?

Who am I ? (*Identity*)

Where do I belong ? (*Security*)

What am I supposed to do ? (*Significance*)

As a group, brainstorm a list of statements that are Biblically true about your identity in Christ. To get started, consider Romans 8 and Ephesians 1:3-14.

When in your life do you remember having the greatest sense of belonging? Why?

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Live It Out- B.I.O.

B = COME “BEFORE GOD” DAILY

Meet with Him personally through prayer and His word to enjoy His presence, receive His direction, and follow His will.

I = DO LIFE “IN COMMUNITY” WEEKLY

Structure your week to personally connect in safe relationships that provide love, support, transparency, challenge, and accountability.

O = BE “ON MISSION” 24/7

Cultivate a mindset to live out Jesus’ love for others through acts of sacrifice as well as service at home, work, play, and church.

COME BEFORE GOD

Have someone read Psalm 139:1-6. As you consider this passage, what stands out from this passage in regards to identity in Christ?

DO LIFE IN COMMUNITY

Is it easier or more difficult to share the real you in Church? How about in a small group like this one?

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BE ON MISSION

How can you help foster a proper, Biblical sense of identity in children as well as others in your life?



Thinking Locally...

How does today's study apply to Heartland's mission to: "Love God, Love Others, Make Disciples?"

How can this study speak into the concept of your "praying, investing and inviting" to help Heartland be all that it can be for the Kingdom of God and our community?
